

BEFIT CANAP UNPLUGGED 2.0



8AM -NOON MONDAY - FRIDAY

AGES 6-14

Be Fit Includes:

- Healthy Eating
- ✓ Exercise
- Life Skills

FIELD TRIPS EVERY FRIDAY!

Avondale Scout ReservationLocated in Clinton, LA

Local Transportation Provided

MORE INFORMATION

844-RKM-4YOU

befitcamp@rkmcare.org